Some time ago you filled in a questionnaire in which you indicated that you might want to do a … [dynamic representation] self-test in the future. We would like to ask you some further questions.

1. In the past 3 months, did you do a self-test (that is, a test on your blood or urine which you did or had done, without a doctor being involved)? (if yes, multiple answers allowed)
   - Yes, a diabetes self-test
   - Yes, a cholesterol self-test
   - Yes, another self-test
   - No

2. Did the information you received about self-tests cause you to consult a doctor during the past 3 months?
   - Yes
   - No

3. Did the information you received about self-tests cause you to seek other professional help (such as a nurse or nurse practitioner)?
   - Yes
   - No

4. Did the information you received about self-tests cause you to change your lifestyle in the past 3 months? (multiple answers allowed)
   - Yes, I've started to take more exercise
   - Yes, I've stopped smoking
   - Yes, I've started to eat healthier food
   - Yes, I've reduced my alcohol intake
   - Yes, other: .......
   - No

If yes is ticked at question 1, respondent is referred to question 5 for each test (diabetes or cholesterol); if no or ‘another test’ is ticked at question 1, respondent is referred to question 6.

5a. What was de main reason for you to do a [dynamic representation] self-test?
   - Because I had a medical complaint
   - Because I was worried I might have a disease
   - Because other people advised me to take the test
   - Because the test was recommended in a campaign
   - Because people in my immediate environment had the disease
   - Because I had had the test before and wanted to know if anything had changed
   - Because I wanted to know more about my health status
   - Because the test was offered to me (free of charge)
   - Other, namely ...........................................

5b. Why did you decide to take a self-test instead of visiting your family doctor? (multiple answers allowed)
Because such a test ensures privacy
Because you get the results quickly
Because the test was offered to me (free of charge)
Because I wanted to take responsibility for my own health
Because I previously asked my doctor to do the test but it was never done
Other, namely…………………………………………………………..

5c. What was the result of the self-test?
   Normal (nothing wrong)
   Abnormal (something wrong)
   Inconclusive
   Test failed
   Can’t remember
   I prefer not to answer this question

5d. Were you reassured by the result of this self-test?
   Not at all reassured
   Not reassured
   Neutral
   Reassured
   Completely reassured

5e. What did you do after you got the test result? (multiple answers allowed)
   I took no further action.
   I discussed the test result with relatives or friends.
   I looked for further information.
   I did a self-test for other diseases or risk factors.
   I changed my lifestyle.
   I bought over-the-counter drugs (such as vitamins or pills).
   I sought help from complementary medicine (such as acupuncture or homeopathy).
   I consulted a doctor.
   I consulted another care provider (such as a dietician, a psychologist, a physiotherapist, my GP’s receptionist or a nurse practitioner).
   Other

5f. You indicated that you might want to do a [dynamic representation] self-test in the future, and you have since actually done so. Would you do another [dynamic representation] self-test in the future?
5g. When would you [perhaps / probably / definitely; tailored on the basis of question 5a) think of doing this self-test?
   o Within the next month
   o Within the next 6 months (but not within the next month)
   o Within the next year (but not within the next 6 months)
   o Within the next 5 years (but not within the next year)
   o Some time in the future (but not within the next 5 years)
   o None of the above

5h. According to you, what are the chances that you will develop .... [dynamic representation]?
   □ Very high
   □ High
   □ Not high / not low
   □ Low
   □ Very low
   □ I already have diabetes (respondents are referred to question 11)

5i. According to you, what are the chances that you will develop .... [dynamic representation] compared to others of your age and gender?
   □ Much larger
   □ Larger
   □ Equally large / small
   □ Smaller
   □ Much smaller

5j. To what extent do you feel worried about developing [dynamische weergave] in the future?
   □ Not worried at all
   □ Not worried
   □ Neutral
   □ Worried
   □ Very Worried

Only for those respondents who ticked No or ‘other test’ at question 1

6a. You indicated before that you might want to do a [dynamic representation] self-test in the future. Do you still intend to do this self-test in the future?
   □ Definitely not (respondent is referred to question 7)
   □ Probably not (respondent is referred to question 7)
   □ Perhaps
   □ Probably
   □ Definitely

If Perhaps–Definitely is ticked at question 6a, respondent is referred to question 6b.

6b. When would you want to do this self-test?
   o Within the next month
o Within the next 6 months (but not within the next month)
o Within the next year (but not within the next 6 months)
o Within the next 5 years (but not within the next year)
o Some time in the future (but not within the next 5 years)
o None of the above

All respondents:

7. Do you intend to consult a doctor because you have questions about [dynamic representation]?

☐ Definitely not
☐ Probably not
☐ Perhaps
☐ Probably
☐ Definitely

This is the end of the questionnaire.
Thank you very much for your cooperation!

Please click NEXT to submit the questionnaire.