Figure 3 Health promotion intervention: Recruitment process

Sheltered housing (n=25)
- Preference I-group (n=14)
- Preference C-group (n=5)
- No preference (n=6)

Intervention group (n=16)
- Preference (n=14)
- Ad random (n=2)

Control group (n=9)
- Preference (n=5)
- Ad random (n=4)

225 candidates
Excluded: n=8
Drop out: n=16
I-group T0
n=201

99 candidates
Excluded: n=3
Drop out: n=13
C-group T0
n=83

I-group, Intervention Group; C-group, Control Group; SHO, sheltered housing organization; T0, baseline measurement