Invited to participate (n=16,029, children from 40 schools)*

Opted into study (n=4,419, children; n=3,774, families)*

Allocated to intervention group (n=1,829, families)

- Lost to follow-up (n=1,297, families) due to non-response at follow-up
- Included in analysis (n=532, families)

Allocated to control group (n=1,945, families)

- Lost to follow-up (n=1,058, families) due to non-response at follow-up
- Included in analysis (n=887, families)

Included in analysis (n=532, families)

Did not opt into study (n=11,610, children)