Figure 1 Flow chart of recruitment procedure of the study

Study clinics
n = 9560

Met inclusion criteria
n = 5593

Received questionnaire
n = 5391

Answered questionnaire
n = 3152

Eligible for intervention
n = 1944

Non-study clinics, n = 17403

Deceased, n = 164
Emigrated, n = 24
Unknown address, n = 14

Returns, n = 32
Declined, n = 65
No answer, n = 2142

Not eligible for intervention
n = 1208
No interest in HEPA, n = 929
Already met HEPA, n = 249
Language problem, n = 30