Figure 1: CONSORT 2010 standard RCT flow diagram for Do-Well study (numbers, where they appear, are estimates at this stage)

Enrolments

Assessed for eligibility (n = )

Excluded (n = )
- Not meeting inclusion criteria (n = )
- Declined to participate (n = )
- Other reasons (n = )

Randomised (n = 750)

Allocation

Allocated to WR intervention (n = 375)
- Received WR intervention (n = )
- Did not receive WR intervention (give reasons) (n = )

Allocated to control (n = 375)
- Received control intervention (n = )
- Did not receive control intervention (give reasons) (n = )

Follow-Up

Lost to follow-up at 12m (give reasons) (n = )
- Discontinued WR intervention by 12m (give reasons) (n = )

Lost to follow-up at 24m (give reasons) (n = )
- Discontinued WR intervention by 24m (give reasons) (n = )

Analysis

Analysed (n = 319)
- Excluded from analysis (give reasons) (n = )

Analysed (n = 319)
- Excluded from analysis (give reasons) (n = )