Figure 1. Research procedure.

1st. Home visit
Patient Recruitment

MNA test, Inclusion criteria, data collection

NO       YES

OBTAINING CONSENT

NO       YES

RANDOMIZATION

Allocation to control group
Baseline data collection

Allocation to intervention group
Baseline data collection

Nurses’ training

Caregivers’ training

2nd. Home visit 2nd M.
Educational support, problem detection, questions addressed

3rd. Home visit 3rd M.
Nutritional follow-up, problem detection, questions addressed

4th. Home visit 4th M.
Nutritional follow-up, problem detection, questions addressed

5th. Home visit 5th M.
Nutritional follow-up, problem detection, questions addressed

6th. Home visit 6th M.
Data collection

7th. Home visit 12th M.
Data collection