A\textsuperscript{1-6} = Associations between the completion of PRO-FIT\textsuperscript{*} advice modules and the related lifestyle behaviours

B = Association between counselling of the PRO-FIT\textsuperscript{*} coach and the multiple lifestyle behaviours

C = Association between the telephone booster calls and lifestyle behaviours

D = A + B + C = Association between the complete intervention-package (at least one PRO-FIT\textsuperscript{*} advice module, face-to-face counselling and at least one telephone booster call) and lifestyle behaviours

MI = Motivational Interviewing; LDL-C = Low Density Lipoprotein Cholesterol