List of eligible patients from 21 general practitioners recruited (n = 8281)

Invitation letters sent to eligible patients (n = 8243)

Declined participation: n = 100
No response: n = 3035
Address changed: n = 414
Deceased N = 17

Total responses received n = 4678

Single Intervention N = 1238
Dual Intervention N = 1203

Single Control N = 1129
Dual Control N = 1106