Recruitment: Screening clinic out-patients (18 years and above) at Dr. George Mukhari Hospital (n=2500)

Risk evaluation based on Alcohol Risk (AUDIT) score

Score <8 for men and <7 for women
Health education pamphlet (exit study)

AUDIT score: 7/8-19
Invited for inclusion in study

Score 20 and more
Referred for further management (exit study)

Randomization of individual hospital out-patients (with 280 screened medium risk drinkers (AUDIT score 7/8-19)

Intervention (with 140 screened medium risk drinkers)
 Brief intervention (one session) on alcohol problems
 Follow-up assessments: 6 and 12 months following intervention

Control (with 140 screened medium risk drinkers)
 Receive alcohol health information
 Follow-up assessments: 6 and 12 months following intervention
 Delayed intervention with control group if SBI is shown to be effective

Figure 1 Overview of study activities