RECRUITMENT
30 primary school centres
Students in 2nd grade (age 7-8 y)

BASELINE ASSESSMENT:
- Knowledge test
- Attitudes test
- Demographics variables

RANDOMISATION OF SCHOOLS

Group HB (N=15)
HEALTHY BREAKFAST (HB)
Students (n=1054)

Group MC (N=15)
MUSIC CONCERT (MC)
Students (n=1054)

BMI

ASSESSMENT 7 DAYS AFTER INTERVENTION
- Knowledge test

ASSESSMENT 6 MONTHS AFTER INTERVENTION
- Knowledge test
- Attitudes test
- BMI