Participants assessed for eligibility (n = )

Excluded (n = )

Declined to participate (n = 7)

Analysed (n = )

Excluded from analysis (reason) (n = )

Lost to follow-up (give reasons) (n = )

Allocated to Fit-4-Fun intervention schools (n = )

Allocated to wait-list control schools (n = )

10-week Follow-Up

6-month Follow-Up

Analysed (n = )

Excluded from analysis (reason) (n = )

Figure 1: CONSORT Flow of participants through the Fit-4-Fun