<table>
<thead>
<tr>
<th>Employees according to payroll</th>
<th>758</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-responders to screening</td>
<td>169</td>
</tr>
<tr>
<td>Responders to screening</td>
<td>589 (78%)</td>
</tr>
<tr>
<td>Non-consenters</td>
<td>195</td>
</tr>
</tbody>
</table>

Baseline measurement:
- 394 (52%) Employees consent to participate
- 363 (48%) Participants

Drop-out:
- 31 Drop-out
  - 24 no reason
  - 3 Empl. ceased
  - 3 no contact

120 Physical coordination training:
- 95 females
  - Baseline observations:
    - 80 Neck pain
    - 82 Shoulder pain
    - 83 Neck/shoulder pain
    - 82 Low back pain
    - 80 Work ability
    - 90 Sickness absence

52 females
- 1-yr FU observations:
  - 41 Neck pain
  - 41 Shoulder pain
  - 41 Neck/shoulder pain
  - 41 Low back pain
  - 39 Work ability
  - 90 Sickness absence

Drop-out:
- 43 drop out:
  - 18 no reason
  - 9 Empl ceased
  - 5 Lack time
  - 4 new work tasks
  - 1 fam issues
  - 2 leave

121 Cognitive behavioural training:
- 99 females
  - Baseline observations:
    - 93 Neck pain
    - 93 Shoulder pain
    - 93 Neck/shoulder pain
    - 92 Low back pain
    - 88 Work ability
    - 96 Sickness absence

47 females
- 1-yr FU observations:
  - 42 Neck pain
  - 40 Shoulder pain
  - 42 Neck/shoulder pain
  - 41 Low back pain
  - 41 Work ability
  - 96 Sickness absence

Drop-out:
- 67 drop out:
  - 25 no reason
  - 9 Empl ceased
  - 8 Lack time
  - 3 Long term sick
  - 2 pregnant
  - 5 new work tasks

122 Reference:
- 100 females
  - Baseline observations:
    - 84 Neck pain
    - 84 Shoulder pain
    - 83 Neck/shoulder pain
    - 82 Low back pain
    - 88 Work ability
    - 89 Sickness absence

54 females
- 1-yr FU observations:
  - 51 Neck pain
  - 52 Shoulder pain
  - 53 Neck/shoulder pain
  - 52 Low back pain
  - 52 Work ability
  - 89 Sickness absence

Drop-out:
- 46 drop out:
  - 20 no reason
  - 14 Empl ceased
  - 2 Lack time
  - 7 Long term sick
  - 1 pregnant
  - 1 fam issues
  - 1 leave