Initial Search (n=4414)

Rejected at Title and Abstract level (n=3996)

Background/Review Papers (n=364)

Excluded at Full Paper Stage (n=37)
- Studies undertaken in non OECD countries (n=5)
- No relevant outcome data reported (n=3)
- Study design (n=24)
- Intervention in adolescents (n=3)
- Non English language publication (n=2)

Included Studies (n=13)

Same study reported multiple times (n=4)

RCTs (n=5)

Qualitative studies (n=8)