RECRUITMENT
Child Health Care Centers (CHCC) in Stockholm County
N=50

RANDOMISATION

Control CHCC
N=25

RECRUITMENT
Families with 2 overweight or 1 obese parent for control (n=100)
+ Families with normal weight parents for reference (n= )

Baseline measures
(Child 1 year old):
Surveys, diaries, bio markers, anthropometry

Yearly follow-up
Information

Intervention CHCC
N=25

RECRUITMENT
Families with 2 overweight or 1 obese parent for intervention (n=100)
+ Families with normal weight parents for reference (n= )

Baseline measures
(Child 1 year old):
Surveys, diaries, biomarkers, anthropometry

Intervention: Coaching 4 times during the first year, 2 times per year during the following years
Yearly follow-up
Information

Final follow-up (Child 6 years old)

Analysis