The graph shows the mean age-adjusted BMI (kg/m²) for different smoking categories. The categories include:

- Non-smokers (n=2447)
- Ex-smokers (n=2016)
- Smokers (n=1660)
- 1-10 cigarettes per day (n=537)
- 11-20 cigarettes per day (n=663)
- More than 20 cigarettes per day (n=315)

The data is separated by gender, with women represented by diamonds and men by triangles. The graph indicates a trend where BMI increases with the number of cigarettes smoked per day, with ex-smokers having the lowest BMI on average.