Mentoring clients (n=374)

- Not offered trial entry (n=45, 12%)
  - Poor mental health (n=9)
  - Trial criteria (n=4)
  - Miscellaneous (n=32)
- Offered trial entry (n=325, 87%)
- Missing (n=4, 1%)

Given research info pack (n=297)

- Not returned response form to PCMD (n=39)
- Trial response forms received (n=258)

Excluded (n=56)
  - Not meeting inclusion criteria (n=15)
  - Declined after contact by researcher (n=37)
  - Unable to contact (n=2)
  - Response received after trial closed (n=2)

Agreed to participate (n=202)

- Dropped out prior to baseline assessment (n=2)

Baseline assessments conducted (n=200)

Matched (n=198)

- Unable to be matched due to low criteria scores (n=2)

Lost to follow-up (n=4)
  - Died (n=2)
  - Unable to contact (n=2)
  - Declined follow-up (n=23)
    - Did not like service (n=1)
    - Illness (n=5)
    - No memory of study (n=1)
    - No wish to continue (n=4)
    - Current inpatient (n=2)
    - No reason given (n=10)

6 month follow-up assessments conducted (n=171)

6 month follow-up assessments conducted (n=1)

Not returned response form to PCMD (n=39)

Given research info pack (n=297)

Not given research info pack (n=28)