Applied for the study (n=193) 
- Excluded (n=84) 
  - Did not complete screening or did not submit written consent
- Completed screening and submitted written consent (N=109) 
  - Excluded (n=6) 
    - Symptom debut after 50:2
    - Symptom since less than 2 yrs: 1
    - MADRS-S>30:1
    - Not diagnoses by md: 1
    - Other GI disease: 1
- Included for interview (n=103) 
  - Excluded (n=5) 
    - Unreachable: 3
    - Declined to participate: 2
- Interviewed (n=98) 
  - Excluded (n=12) 
    - Other GI disease: 2
    - Alarm symptoms present: 1
    - Suicide ideation: 1
    - Did not meet Rome III-criteria: 6
    - Declined: 2
- Included and randomized (N=86) 
  - Excluded after randomization (n=1)
- Treatment condition (n=43) 
  - Participated in post assessment (n=38)
  - Participated in 3 month follow-up (n=38)
  - Participated in 12 month follow-up (n=37)
- Internet chat forum (n=43) 
  - Participated in post assessment (n=43)
  - Received CBT
  - Participated in 12 month follow-up (n=39)