Records identified through database searching (n = 5147)

Additional records identified through other sources (n = 11)

Records after duplicates removed (n = 3867)

Records screened (n = 3867)

Records excluded (n = 3762)

107 full-text articles assessed for eligibility

Articles excluded (n = 77)
- Not systematic review (36)
- OQAQ score <14 (33)
- Not in English (1)
- Wrong population (2)
- Aims not relevant (3)
- Inappropriate outcomes (2)

Reviews included in qualitative synthesis (n = 30)