All pregnant women consecutively registered at ANC in the city of Linköping (n=3741), of which 317 women were obese

Obese women who did not meet inclusion criteria/miscarriage/moved from the catchment area (n=87)

Obese women assessed for eligibility in the intervention group in early pregnancy (n=230)

Refrained from participation (n=70) Dropouts (n=5)

Intervention group (n=155) Subsample in this study (n=151)

Delivery

Control group (n=193) Subsample in this study (n=188)

Obese women who did not meet inclusion criteria/miscarriage (n=52)

Obese women assessed for eligibility in the control group in early pregnancy (n=385)

Refrained from participation (n=177) Dropouts (n=15)

All pregnant women consecutively registered at ANC in two nearby cities (n=6071), of which 437 women were obese

Recruiting period between November 2003 and December 2005

Figure 1. Description of the study population during the study period.