Nationally representative sample of municipalities supplemented by a representative sample of schools in the two largest cities in Denmark, Copenhagen and Aarhus.

**Baseline**
4,265 students at 134 schools in 244 school classes were invited in the school year 1996-97.

**Baseline**
3,458 students participated
Response rate 81%
(3458/4265)

**Follow-up**
2,880 agreed to be contacted again
2,815 were identified in the personal registry

**Follow-up**
1,760 participated in the follow-up in 2003
Response rate 63%
(1,760/2,815)

104 had missing data on at least one of the variables used for the analysis

**Analytical sample**
\[ n = 1,656 \]
Had information on BMI at baseline and follow-up and were included in the analysis regarding change in BMI

\[ n = 1,402 \]
Were normal weight at baseline and were included in the analysis regarding the development of overweight