Table 2: Content of questionnaires given to families and kindergarten teachers

Questionnaires for the parents
- Socio-economic status of the family
- Migrant status of the child
- General health of the children
- Accidents
- Infections
- Physical activity
- Time outdoors of the child and the parents
- Sports club participation of the child and the parents
- Media use of the child
- Sleep duration of the child
- Height and weight of the parents
- Evaluation of the intervention*

Questionnaires for the kindergarten teachers
- Evaluation of the intervention*

* these questionnaires were given only to the parents and teachers of the intervention group