**School Physical & Policy Environment**

- Tuckshop / Vendors
- School nutrition and physical activity guidelines / policies
  - OR
  - School health committee
- Vegetable garden, outside or in containers *(Optional)*
- Activities during break time, e.g. playground circuits
  - OR
  - Extra mural sport

**Life orientation curriculum**

- Design and make posters for poster event
- Lesson period for physical activity

**Family & Community Involvement**

- Poster event
- Physical activity / sporting event

**Diabetes awareness**

- Denim for Diabetes day
  - OR
  - Activity during International Diabetes week