**Inputs**
- Time
- Human resources
- Multi-disciplinary and multi-institutional collaboration
- Best practice for school-based nutrition and physical activity interventions
- Funding from WDF
- Other funding and in-kind contributions
- Consultation with Department of Education and other stakeholders in education
- Community development approach
- Social Ecological model

**Activities**

**Phase 1**
- Intervention Mapping
- Formative evaluation

**Phase 2**
- HealthKick toolkit
- Nomination of champion
- Action planning
- Curriculum component

**Phase 3**
- Process evaluation
- Outcome evaluation

**Outputs**
- HealthKick toolkit
- Resource guide
- Resource box
- Physical activity bin
- Action planning model
- Educators manual

**Outcomes**

**Initial**
- To promote an environment within the school and community that facilitates the adoption of healthy lifestyles
- To build capacity of the school staff and stakeholders in the development, implementation and assessment of school-based lifestyle intervention programmes

**Intermediate**
- Promote healthful eating habits in children, parents and teachers
- Increase regular participation in physical activity in children, educators and parents

**Long-term**
- Prevent diabetes and other non-communicable diseases amongst learners, educators and parents
- Contribute to best practice for school-based nutrition and physical activity interventions