Referred by practitioners as potentially eligible \([n = \ ]\)

Enrolment

Randomisation

Allocated to intervention group now \([n = \ ]\)
Received programme -
  Sessions \(\geq 5\) \([n = \ ]\)
  Sessions \(< 5\) \([n = \ ]\)
Discontinued intervention –
  Give reasons \([n = \ ]\)
Did not receive programme –
  Give reasons \([n = \ ]\)

Allocated to control group, programme later \([n = \ ]\)

Received intervention before follow up data collection complete \([n = \ ]\)

Lost to 3 month follow up \([n = \ ]\)
  Give reasons
Partial follow up \([n = \ ]\)
  Give reasons

Lost to 9 month follow up \([n = \ ]\)
  Give reasons
Partial follow up \([n = \ ]\)
  Give reasons

Analysed \([n = \ ]\)
Excluded from analysis \([n = \ ]\)
  Give reasons

Excluded total \([n = \ ]\)
  Not meeting inclusion criteria
  Refusing to participate
  Other reason
    Specify reason and number

Follow up

Analysis