The graph illustrates the change in Kcal over time from preadolescence to adolescence. The x-axis represents time evolution, with two distinct categories: preadolescence and adolescence. The y-axis represents Kcal values ranging from 1600 to 2400.

Two lines are depicted on the graph:
- The line labeled V/V shows a decrease in Kcal from preadolescence to adolescence with a p-value of 0.387.
- The line labeled V/M+M/M also shows a decrease in Kcal but with a significant p-value of 0.033.

The graph suggests a significant decrease in Kcal over time, particularly for the V/M+M/M group.