Figure 2. The ENERGY-project specific EnRG (Environmental Research for weight Gain prevention) Framework [14]

Cognitive mediators (CQ)
- Attitude
- Perceived behavioral control
- Subjective parental norms
- Descriptive parental norms

Moderators
- Socio-demographics (CQ, PQ)
- Habit strength (CQ)
- Awareness of risk behavior (CQ, PQ)

Family and school environment
Family environment:
- Parental EBRB (PQ)
- Parental rules (CQ, PQ)
- Feeding style (PQ)
- Parental facilitation (CQ, PQ)
- Joint engagement in EBRB (CQ, PQ)
- Mother’s dietary restraint (PQ)
- Parent’s BMI (PQ)
- Perceived child weight status (PQ)
- Parents’ SEP (PQ)
- Family composition (CQ, PQ)

School environment
- Availability/accessibility of healthy and unhealthy food options (AU)
- School food policy (SQ)
- School food rules (SQ)
- School break eating/drinking practices (AU)
- Physical education practice (AU)
- Physical Activity opportunities (AU)
- Financial incentives (PQ, SQ)

EBRB
Diet: (CQ, PQ)
- Sugar-sweetened beverages
- Breakfast consumption and meal patterns
- Physical activity (CQ, PQ, AC)
  - Sports
  - Transport to school
  - Active play
- Sedentary behaviors (CQ, PQ, AC)
  - TV/DVD Time
  - Computer time
  - Mobile phone time
- Sleeping habits (CQ, PQ)

Body composition (AP)
- BMI
- Waist circumference

Abbreviations (alphabetical order):
AC = Accelerometer
AP = anthropometrics
AU = school environment audit
BMI = Body Mass Index
CQ = Child questionnaire
EBRB = Energy balance-related behavior
PA = Physical activity
PQ = Parent questionnaire
SEP = Socio-economic position
SQ = school staff questionnaire