Referred patients with BPD

Screening procedure
- Diagnosis: BPD
- Information on study
- Screening in- and exclusion criteria
- Informed consent

Baseline Assessment T=0

Randomization

Allocated to intervention
ST with phone support
N = 30

T = 1  6 months
T = 2  12 months
T = 3  18 months

Allocated to intervention
ST without phone support
N = 30

Follow-up T = 4  36 months