Recruitment of patients via advertisement in (outpatient) clinics, patient journals and websites

Self-assessment of eligibility, based on exclusion criteria mentioned on the study website

Randomisation

Informed consent

Assessment of eligibility based on online administered demographic questions, in- and exclusion questions, CES-D

Baseline measurement (PAID, ADSCI, SF-12, EQ-5D, HbA1c)

Telephone administered CIDI interview – sections depression and anxiety

Excluded: Not motivated; < 18 years of age; not diagnosed with diabetes by a physician; pregnant; currently taking AD medication; co-morbid organic psychiatric disorder, loss of significant other > 6 months ago; history of suicide attempts; current suicidal ideation

Excluded: No informed consent

Excluded: No computer, no (easy) access to the internet, no e-mail address, insufficient Dutch language skills, visually too impaired to read, insufficient computer skills

Excluded: Exclusion criteria; CES-D no depression (<16)

Excluded: No elevated depressive symptoms, bipolar disorder, depression with psychotic features and patients who suffer from current suicidal ideation

Intervention condition: Web-based CBT 8 weeks

Control condition: Waiting list

Completion of the course, Post measurement

Post measurement 8 weeks after randomisation

Follow-up 1 and 6 months after completion of the course

Loss to follow-up

Loss to follow-up

Follow-up 12 weeks after randomisation; Web-based CBT