PREDISPOSING FACTORS
- Low income
- History of depression
- History of abuse
- Young age*
- Less education*

ANTENATAL STRESSORS
- Antenatal anxiety
- Major life events e.g. miscarriage, financial difficulties

PERSONAL RESOURCES
- Low self-esteem
- Negative cognitive style
- Low social support

LEGEND
* Correlated but not predictive of any outcomes

CONTEXT: Adjustment Difficulties in Pregnancy, Birth and Motherhood

ANTENATAL DEPRESSION
- Depressive symptoms

POSTNATAL DEPRESSION
- Depressive symptoms

PARENTING STRESS
- Early parenting stress
- Problems in mother-infant dyad