Assessed for eligibility and approached for consent (n=222)

Excluded (total) (n=15)
- Declined to participate (n=15)

Recruited (n=207)

Lost to follow-up (total) (n=59)
- Withdrew consent (n=6)
- Discharged from service (n=41)
- Untraceable (n=2)
- Died (n=2; one accidental fall, one liver cancer)
- Transferred to other region (n=6)
- Self-discharged from service (n=2)

Analysed (n=148)
- Excluded from analysis (give reasons) (n=0)