Figure 1: Overcoming recruitment challenges not related to patients revealed a high patient-readiness.

- **Organisational challenges**
  - AOTs were not established as fast as planned
  - Time for recruitment extended

- **Challenges finding eligible participants**
  - Not enough eligible patients in three AOTs
  - Patients in three district teams also included

- **Challenges having MHCPs invite patients**
  - Some MHCPs were reluctant in inviting patients
  - Clinicians were encouraged to prioritize the trial

- **Patients’ readiness to take part in the GSD trial**
  - 120 of 170 patients accepted to take part in the info meeting
  - 101 of 120 patients accepted to take part in the trial
  - 93 of 101 patients (92%) completed the trial