1036 records identified through database searching:
- 337 PubMed
- 382 PsycINFO
- 317 Embase

7 records identified through reference lists

636 records after duplicates removed

597 records excluded

39 full-text records assessed for eligibility

21 full-text records excluded:
- 14 studies of only mixed subthreshold diagnoses
- 3 studies defining SUB GAD as anxiety disorder NOS
- 2 studies of other subthreshold diagnoses than GAD
- 2 analysis of an already included sample

18 records included and systematically reviewed