Individuals interviewed in rural area (n=6505)

Exclusion Criteria
Sleep disturbance; Medication use; Debilitating illness; Cancer-related, rheumatological, endocrine, or neurologic disease; Co-morbidities related to inflammation

Non-Depressive subjects
BDI <10; n= 1500

Depressive subjects
BDI ≥10; n= 30

Control subjects
n=124