Cognitive Assessment

Indicators of Everyday Functioning

- For example:
  - Self care
  - Make a cup of tea
  - Washing self
  - Domestic duties
  - Money management
    - Use of basics card
    - Knowledge of pension

Cognitive Tasks

- For example:
  - Standardised Tests
    - KICA
    - Wechsler Scales
    - Matrices
  - Informal Tasks
    - Biographical info
    - Remember objects
    - Sort cards
    - Add card values
    - Make a judgement

Contextual Information

- For example:
  - Person factors
    - Language
    - Education level
    - Acculturation
    - Medical history
  - Social factors
    - Work
    - Poverty
    - Substance misuse
    - Relationships
    - Urban/remote
    - Cultural connection
    - Basic needs met
  - Historical factors
    - Family substance use
    - Complex trauma
    - Removal from family
    - or land
    - Violence
    - Grief and loss

Presenting Mental State

- For example:
  - Behaviour
  - Boisterous/shy
  - Orientation
    - Days to pension day
    - Place
    - Arousal
    - Alert/drowsy
  - Appearance
    - Consistent with age/culture
  - Speech
    - Clear/slurred/nill
  - Mood
    - Agitated/depressed
    - Intellect
    - Dull/normal/bright
  - Memory
    - Lapses/inconsistencies
  - Perception
    - Hearing/sight
  - Hallucinations/pain
  - Insight
  - Further assessment

Cultural factors

- For example:
  - Gender difference between interviewer and client
  - Eye contact or lack thereof
  - Silence/long pauses
  - Tendency to agree
  - Trust/mistrust of mainstream services
  - Homesickness for country/homelands
  - Collectivist not individualist perspective
  - May be considered rude to ask questions
  - Entitlement to knowledge (e.g. right to know/ask)
  - Cultural transgressions (e.g. speaking name of deceased)
  - Initiation into adulthood
  - Connections – people, places, interests