Assessed for eligibility (T1, n=120)

- Excluded (n=98)
  - Not meeting inclusion criteria (n=72)
  - Declined to participate (n=6)
  - Inaccessible for further contact (n=20)

Randomized (n=22)

- Allocated to NET (n=11)
  - Received NET (n=11)
    - Post-treatment assessment (T2, n=11)
      - Completed 2-weeks follow up (T3, n=11)
        - Completed 2-month follow-up (T4, n=11)
          - Available for analysis (n=11)

- Allocated to Waiting List (n=11)
  - Assessed at 2-weeks post-trial entry (T2, n=11)
    - Received NET (n=11)
      - Post-treatment assessment (T3, n=11)
        - Completed 2-month follow-up (T4, n=11)
          - Available for analysis (n=11)