Women positive on 3-question screen (approx number from NHS Bristol computer records) n= 154

Assessed for eligibility (n= 50)
- Not Invited to take part approx  (n= 53)

Invited to take part (n= 101)
- Declined consent to contact at booking  (n= 15)

Consent to contact (n= 86)
- Excluded  (n=36)
  - Unable to contact  (n= 2)
  - Declined after phone contact  (n=10)
  - Declined before/during baseline/or not at home  (n= 6)
  - Miscarried before assessment  (n= 7)
  - Other Ineligible (e.g over 18wks)  (n= 11)

Assessed for eligibility (n= 50)
- Excluded  (n= 14)
  - Not meeting inclusion criteria  (n= 13)
  - Declined to be randomised  (n= 1)

Randomised (n= 36)

Allocated to intervention (n= 18)
- Completed assessment  (n= 16)
- Lost to follow-up  (n= 2)

Allocated to usual care (n= 18)
- Completed assessment  (n= 13)
- Lost to follow-up  (n= 2)
- Withdrawn  (n= 2)
- Miscarried  (n= 1)

Baseline

15 weeks post-randomisation
- Completed assessment  (n= 16)

33 weeks post-randomisation
- Completed assessment  (n= 16)
- Lost to follow-up  (n= 2)