109 records identified through database searching
- 26 Medline/Pubmed
- 47 Scopus
- 09 Cochrane Library
- 25 PsycINFO
- 02 IndMED

1 additional record identified through other sources

53 records after duplicates removed

47 records excluded

6 full-text articles assessed for eligibility

5 studies included in qualitative synthesis
- 1 study reported in 2 articles

1 full-text article excluded
- 1 insufficient raw data

4 studies included in quantitative synthesis (meta-analysis)