1. Referral, intake process and diagnostics

2. Does the client meet inclusion and exclusion criteria?

3. Yes, information is given about the study
   - 4. Yes, informed consent
     - 5. Pretest
       - 6. Randomisation ($n = 140$)
         - CBT ($n = 70$)
         - TAU ($n = 70$)

   - 3. No, exclusion from study

4. No, exclusion from study
   - Permission asked to use diagnostic data

5. Start Intervention

7. After 5 sessions; mediator test 1

8. After 10 sessions; mediator test 2

10. Posttest (after 15 sessions or 20 weeks)

11. 6 month follow-up (6 months after posttest)

12. 12 month follow-up (12 months after posttest)

Therapist fills in the TPC each session