Application for RCT

Experimental treatment group

Waiting list control group

Intervention

Email messages

Q0 = Baseline questionnaire
Q1 = Post-test questionnaire
Q2 = Follow-up questionnaire 3 months
Q3 = Follow-up questionnaire 6 months
Q4 = Follow-up questionnaire 12 months
QA = Additional questionnaire for experimental treatment group in case the intervention is not finished 18 weeks after the start
QP = Pre-intervention questionnaire for waiting list control group before the start of the intervention
QE = Evaluation questionnaire after non-completion of the intervention

¹ Randomization will be stratified by type of eating disorder: BN, BED, EDNOS