Recruitment (advert/website link)

Trial information

Screening (see table 1)

Ineligible – exclude: ‘thank for interest’ web link to other MH / AOD resources

Active online consent

Create username/password
Confirm trial e-mail address

Baseline data collection and payment

Wait list control (n=80)

Intervention (n=80)

Module 1
Collect user input

7 days later
e-mail “logon for next module” or “revisit module”

Module 2
Collect user input

7 days later
e-mail “logon for next module” or “revisit module”

Module 3
Collect user input
Site evaluation survey

E-mail congratulations

Reminder e-mail

E-mail day 91 “logon follow-up data”

1st follow-up data collection, day 91 and payment

E-mail thanks/payment – access to web-site

2nd follow-up data collection, day 183 and payment

E-mail day 183 “logon follow-up data collection”

2nd follow-up data collection, day 183 and payment

E-mail thanks/end of study

(Reminders as per intervention group)

1st follow-up data collection, day 91 and payment

Not accessed – reminder email (+3 days)

Not accessed – reminder email (+3 days)

Not accessed – reminder email (+3 days)

Not accessed - 2 reminder emails (day 98, 105) then phone (day 112)

Not accessed - 2 reminder emails (day 190, 197) then phone (day 205)