Major trauma patients admitted to the Emergency Department during the study period $n=524$

Excluded from prospective cohort
- Patients died <30 days $n=162$
- Patients aged <16 years $n=30$

Included in the prospective cohort study $n=332$

Lost to follow-up $n=106$
- Untraceable (97%)
- Unwillingness to participate (2%)
- Insufficient knowledge of Dutch or English language (1%)

One year follow-up measurements $n=226$

Lost to follow-up $n=109$

Two year follow-up measurements $n=117$