**Screening**  
(during the first 3 days of hospitalization)

**Inclusion**  
(during the first week of hospitalization)

**Informed consent**

**Randomisation**

**Baseline measures**  
(at admission)

**Intent to treat sample**  
**treatment-as-usual and**  
**adjunctive psychotherapy**

**Outcome measures**  
(at 1 month)

**Follow-up 1 (3 months)**

**Follow-up 2 (12 months)**

**Intent to treat sample**  
**treatment-as-usual**

**Outcome measures**  
(at 1 month)

**Follow-up 1 (3 months)**

**Follow-up 2 (12 months)**