Records identified through Medline database searching (n = 15)

Records identified through EMBASE database searching (n = 34)

Records identified through PsycINFO database searching (n = 101)

Records identified through CINAHL database searching (n = 4)

Records identified through Cochrane Controlled Trials Register database (n = 0)

Records identified through PsycINFO database searching (n = 101)

Records identified through Astra Zeneca Clinical Trials* (n = 14)

Records after duplicates removed (n = 140)

Records screened (n = 140)

Records excluded on basis of titles and abstracts (n = 135)

Full-text articles assessed for eligibility (n = 5)

Studies included in quantitative synthesis (meta-analysis) (n = 3)