Changes in the number of psychosocial stressors

β = -0.84**

Treatment → β = -0.65**

Changes in the HSCL depression score

R² adj = 0.76**

β = 0.26*

Changes in the number of psychosocial stressors

β = -0.84**

Treatment → β = -0.60**

Changes in the HSCL anxiety score

R² adj = 0.77**