Assessed for eligibility by the diagnosis of physicians (n = 66)

Excluded (n = 0)

Eligible for treatment study (n = 66)

Randomised (n = 66)

Allocated to Psychosocial Counselling (n = 34)
Received allocated intervention (n = 31)
3 refused or discontinued Psychosocial Counselling

Lost to follow-up (n = 3)
Analysed (n = 31)

Allocated to Routine Medical Treatment (n = 32)
Received allocated intervention (n = 30)
2 discontinued the Routine Medical Treatment

Lost to follow-up (n = 2)
Analysed (n = 30)