Records identified through database searching (n = 525)

Excluded based on title or Abstract (n = 404)

Full-text retrieved (n = 121)

Excluded: No RCT (n = 33)
Pharmacotherapy trials (n = 26)
Not exclusively psychotherapy (n = 25)
Other reasons (n = 24)

Included (n = 13)

Cardiovascular (n = 5)
Prostatic hyperplasia (n = 2)
Leukemia (n = 1)

Stroke (n = 3)
Diabetes mellitus (n = 1)
Other (n = 1)