Assessed for eligibility (n=221)

Excluded (n=132)
- Not meeting inclusion criteria (n=98)
- Refused to participate (n=34)

Randomized (n=89)

Allocated to intervention Plan-a-Day (n=45)
- Received allocated intervention (n=45)
  - Discontinued intervention (n=6)
    - Lack of motivation (n=3)
    - Transfer to other hospital (n=1)
    - Unable to cope with computer interface (n=2)
  - Analyzed (n=38)
    - Excluded from analysis (n=1) (declined post training session)

Allocated to intervention Basic Cognition (n=44)
- Received allocated intervention (n=44)
  - Discontinued intervention (n=4)
    - Lack of motivation (n=1)
    - Transfer to other hospital (n=2)
    - Unable to cope with computer interface (n=1)
  - Analyzed (n=39)
    - Excluded from analysis (n=1) (developed acute psychotic symptoms before post training session)