New patients registration in specialized mental health care, signed by the GP

Screening of in- and exclusion criteria in new patients by Registration Department

If a patient qualifies, the department distributes the patient information to MIDA. MIDA applies randomization schedule and assigns the patient to the correct condition

Planning Department notes intake appointment in the diary of the therapist in the correct condition

Intake intervention therapist

Intake control therapist

After intake intervention patient is asked to participate in research and sign consent

Baseline measure, Two weeks after intake. N=75

Start intervention treatment

First Follow-up measure, Four weeks after start treatment

Second Follow-up measure, 16 weeks after start treatment

After intake control patient is asked to participate in research and sign consent

Baseline measure, Two weeks after intake. N=75

Start control treatment

First Follow-up measure, Four weeks after start treatment

Second Follow-up measure, 16 weeks after start treatment