26 clinics recruited to the study
Clinic staff identify eligible young people (total 572)
Where possible families recruited to the study. Baseline information collected at recruitment.

26 clinics randomised to either intervention or control arm

**Control**
Remaining young people recruited to the study from each clinic (total 22). Baseline data collected at recruitment.

*The young people receive standard care including regular 3 monthly visits.*

Follow up information collected at 3, 6, 12 and 24 months

**Intervention**
Remaining young people recruited to the study from each clinic (total 22). Baseline data collected at recruitment.

*The intervention is delivered to the young people in 4 group sessions monthly over a 4 month period*

Follow up information collected at 3, 6, 12 and 24 months