Starting with 0.5 mg before every main meal

Blood glucose measurements pre-prandial, 2h-postprandial and also before the next main meal (6 measurements a day)

- Postprandial and before the next main meal, usually 60-160 mg/dl
  - Keep dose unchanged

- Postprandial with 5 out 7 days >160 mg/dl and until the next meal no hypoglycemia (blood glucose >50 mg/dl)
  - After 1 week, increase the dose before that meal to 1 mg and re-evaluate. After another week, a further increase of the Repaglinide dose may be necessary.

- Postprandial or before the next main meal <50 mg/dl
  - Or symptoms of hypoglycaemia
  - Reduce the dose before that meal to 0.25 mg (1/2 tablet) and re-evaluated the next days. New dose adjustment may be necessary.